

April 2022				
Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
8:00am- 8:45am Cardio Drumming	8:30am-10:15am Senior Volleyball	7:30am- 9:00am Pickleball (45+)	8:30am-10:15am Senior Volleyball	7:30am- 9:00am Pickleball (45+)
9:30am-10:30am Strength Dance Workout	12:00pm- 2:00pm Active Aging Basketball	9:30am-10:30am Strength Dance Workout	10:30am-12:00pm Shuffleboard	9:30am-10:30am Strength Dance Workout
10:45am-12:45pm Pickleball (45+)	12:00pm- 2:00pm Active Aging Walking	11:00am-11:45am Cardio Drumming	12:00pm- 2:00pm Active Aging Basketball	1:00pm- 3:00pm Active Aging Walking
1:00pm- 3:00pm Active Aging Walking	6:00pm-10:00pm Bean Bag League	1:00pm- 3:00pm Active Aging Walking	12:00pm- 2:00pm Active Aging Walking	
		6:00pm- 8:00pm Adult Basketball - Wed Night Open Gym		
25	26	27	28	29
8:00am- 8:45am Cardio Drumming	8:30am-10:15am Senior Volleyball	7:30am- 9:00am Pickleball (45+)	8:30am-10:15am Senior Volleyball	7:30am- 9:00am Pickleball (45+)
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